

May 2017

	hot dog w/ bun baked beans bananas whole milk under 2 1% milk over 2	mac &cheese w/ ham peas mixed fruit whole milk under 2 1% milk over 2	Turkey & cheese sandwich carrots Fresh melon whole milk under 2 1% milk over 2	chicken, broccoli & rice casserole mandarin oranges whole milk under 2 1% milk over 2	pepperoni pizza corn fresh berries whole milk under 2 1% milk over 2		
7	chicken patty green beans bananas whole milk under 2 1% milk over 2	8 ziti w/ meat sauce peas mixed fruit whole milk under 2 1% milk over 2	9 Hamburg w/ bun carrots fresh melon whole milk under 2 1% milk over	10 ham & scalloped potatoes broccoli mandarin oranges whole milk under 2 1% milk over 2	11 fish sticks corn fresh berries whole milk under 2 1 % milk over 2	12	13
14	turkey with gravy mashed Potatoes green beans bananas whole milk under 2 1% milk over 2 applesauce	15 ravioli peas mixed fruit whole milk under 2 1% milk over 2	16 bologna & cheese sandwich carrots fresh melon whole milk under 2 1% milk over 2	17 mac & cheese w/ ham broccoli mandarin oranges whole milk under 2 1% milk over 2	18 waffles & turkey sausage corn fresh berries whole milk under 2 1% milk over 2	19	20
21	Hamburg patty w/ bun baked beans bananas whole milk under2 1 % over 2	22 shells w/ meat balls peas mixed fruit whole milk under 2 1 % milk over 2	23 French toast sticks carrots, Turkey sausage fresh melon whole milk under 2 1% milk over 2	24 meat loaf w/ gravy mashed potatoes mandarin oranges broccoli whole milk under 2 1 % milk over 2	25 Pancakes Turkey Sausage corn fresh berries whole milk under 2 1% milk over 2	26	27
28	Chicken nuggets green beans bananas whole milk under 2 1 % milk over 2	29 ziti w/ ricotta cheese peas mixed fruit whole milk under 2 1% milk over 2	30 Ham & Cheese sandwich carrots fresh melon whole milk under 2 1 % milk over 2	31			

McSyndall, RDN, CDN 4/9/17

June 2017

					1 mac & Cheese w/ham broccoli mandarin oranges whole milk under 2 1 % milk over 2	2 Fish sticks corn fresh berries whole milk under 2 1 % milk over 2	3				
4	Ham & Scalloped Potatoes' Bananas Green bean whole milk under 2 1 % Milk over 2	5	Cheese Ravioli Peas/ mixed fruit whole milk under 2 1% milk over 2	6	Turkey & Cheese sandwich carrots Fresh melon whole milk under 2 1 % milk over 2	7	chicken, rice & broccoli casserole mandarin oranges whole milk under 2 1 % milk over 2	8	pepperoni pizza corn/ fresh berries whole milk under 2 1 % milk over 2	9	10
11	Chicken patty green beans banana whole milk under 2 1 % milk over 2	12	ziti w/ ricotta cheese peas mixed fruit whole milk under 2 1 % milk over 2	13	French toast turkey sausage fresh melon carrots whole milk under 2 1 % milk over 2	14	Hamburg on bun broccoli mandarin oranges whole milk under 2 1 % milk over 2	15	ham & cheese Sandwich corn fresh berries whole milk under 2 1 % milk over 2	16	17
18	meat loaf w/ gravy mashed potatoes green beans banana whole milk under 2 1 % milk over 2	19	shells w/ meat sauce peas mixed fruit whole milk under 2 1 % milk over 2	20	hot dog on bun carrots fresh melon whole milk under 2 1 % milk over 2	21	chicken tenders broccoli mandarin oranges whole milk under 2 1 % milk over 2	22	waffles turkey sausage corn fresh berries whole milk under 2 1 % milk over 2	23	24
25	turkey & Gravy mashed potatoes green beans banana whole milk under 2 1 % milk over 2	26	mac & Cheese w/ ham peas mixed fruit whole milk under 2 1 % milk over 2	27	pancakes turkey sausage carrots fresh melon whole milk under 2 1 % milk over 2	28	bologna & cheese sandwich broccoli mandarin oranges whole milk under 2 1 % milk over 1	29	fish sticks corn fresh berries whole milk under 2 1 % milk over 2	30	

July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
							1							
	2	3	4	5	6	7	8							
	closed	closed	hot dog on bun carrots fresh melon whole milk under 2 1 % milk over 2	chicken tenders broccoli mandarin oranges whole milk under 2 1 % milk over 2	Fish sticks corn fresh berries whole milk under 2 1 % milk over 2									
	9	10	11	12	13	14	15							
	ham & scalloped potatoes green beans bananas whole milk under 2 1 % milk over 2	Cheese Ravioli Peas mixed fruit whole milk under 2 1 % milk over 2	French toast turkey sauge carrots fresh melon whole milk under 2 1 % milk over 2	chicken, rice & broccoli casserole carrots fresh melon whole milk under 2 1 % milk over 2	pepperoni pizza corn fresh berries whole milk under 2 1 % milk over 2									
	16	17	18	19	20	21	22							
	Chicken patty green beans banana whole milk under 2 1 % milk over 2	mac & Cheese w/ ham peas mixed fruit whole milk under 2 1 % milk over 2	Hamburg on bun carrots fresh melon whole milk	bologna & cheese sandwich broccoli mandarin oranges whole milk under 2 1 % milk over 1	waffles turkey sausage corn fresh berries whole milk under 2 1 % milk over 2									
	23	24	25	26	27	28	29							
	meat loaf w/ gravy mashed potatoes green beans banana whole milk under 2 1 % milk over 2	shells w/ meat sauce peas mixed fruit whole milk under 2 1 % milk over 2	pancakes turkey sausage carrots fresh melon whole milk under 2 1 % milk over 2	turkey & Gravy mashed potatoes broccoli mandarin oranges whole milk under 2 1 % milk over 2	chicken tenders corn fresh berries whole milk under 2 1 % milk over 2									
	30	31												
	pepperoni pizza green beans banana whole milk under 2 1 % milk over 2													